Summer 2020 Sample Menu – updated July 9th, 2020

	MONDAY	OPTION 2	WEDNESDAY	OPTION TWO	FRIDAY	OPTION TWO
WEEK one	Beef &vegetable Stew Green peas Mashed potatoes Tomato soup Apple crisp	Honey Almond Baked Chicken Plum Sauce Broccoli Salad Pasta salad	Cheeseburger Pie Peas& carrots Mashed potatoes Cole Slaw Chocolate Brownie Square	CHEF SALAD Ham, Chicken, Cheese L..T.C Dressing Dinner Bun	Turkey Tetrazzini Buttered noodles Veg. medley Cooks Friday soup Cup cakes	Breaded pork cutlet Mushroom gravy Roast potatoes Broccoli carrots
WEEK two	Baked Chicken Parmesan Tomato Sauce Orzo pasta Italian veg. Green Salad Chocolate Pudding	Farmers Sausage Onion gravy, Mashed Potatoes Crinkle cut Carrots, Petite peas	Meat loaf/gravy Mashed potatoes Green peas Carrots Cream of Celery Soup Trifle	Fish& Chips Breaded Atlantic Haddock Tartar Sauce Potato Wedges Cole Slaw	Roast Pork loin Gravy, apple sauce Roast potatoes California veg. medley. Chicken & Veg. soup w/Orzo Cheese cake	Country Style Chicken Pie Hash Brown Potatoes Veg. Medley
WEEK three	Baked ham Pineapple sauce Roast potatoes Brussels sprouts Squash Creamy Cole slaw Vanilla Pudding	Sliced cold chicken breast On green salad w/ honey mustard &poppyseed dressing Croissant	Salisbury steak Mushroom gravy Hash brown potatoes Wax beans Broccoli Green salad Apple crumble	Chinese Sweet& Sour Chicken Steamed jasmine rice, Oriental vegetables	Marinated chicken Breast w/roasted garlic & sundried tomato sauce on pasta Italian veg. medley Cooks Friday soup Chocolate cherry cake	Ham& cheese Quiche Hash brown potatoes Veg. medley
WEEK four	Swedish Meatballs On Noodles Broccoli & Carrots Chicken rice soup Lemon pudding	Breaded Cod Fillet, tartar Sc. Potato wedges Sunrise Veggies	Roast chicken Breast/gravy Mashed potatoes Green beans Carrots Pasta salad Cherry Tart	Fresh fruit Salad Cold sliced Honey Ham Cottage Cheese Croissant	Irish Cottage Pie Hash Brown Potatoes Mixed vegetables Cooks Friday soup Ambrosia	Honey garlic Chicken Thighs Sunrise Veggies Potato Wedges